



**SAVITRIBAI PHULE PUNE UNIVERSITY**  
(Formerly University of Pune)

**T.Y.B.A. Political Science  
& Public Administration Syllabus**  
(CREDIT & SEMESTER SYSTEM)

**Revised Syllabus will be implemented with effect from the  
academic year 2021-2022**

<b>Unit 4: Governance</b>	<b>12</b>
a) Idea of Good Governance	
b) E-Governance	
c) Public Private Partnership	

## SEMESTER-VI

### CC-2 E (3)

<b>Unit 1: Bureaucracy</b>	<b>15</b>
a) Meaning and Definitions	
b) Administrative Reforms	

<b>Unit 2: Personnel Administration</b>	<b>15</b>
a) Recruitment	
b) Training	
c) Promotion	

<b>Unit 3: Budgeting</b>	<b>15</b>
a) Meaning and types and Principles of sound Budget	
b) Budgetary Process in India	
c) Gender Budgeting	

<b>Unit 4: Accountability and Control</b>	<b>15</b>
a) Administrative Accountability	
b) Legislative Control	
c) Judicial Control	

#### Readings:

1. Avasthi Amreshwar and Maheshwari Shriram, 1982, *Public Administration*, Agra, Lakshmi Narran Aggrawal.
2. वेनके सुवर्णा , २०१५ , लोकप्रशासन, जळगाव, प्रशांत पब्लिकेशन्स.



**SAVITRIBAI PHULE PUNE UNIVERSITY**

(Formerly University of Pune)

# PSYCHOLOGY

**SYBA Syllabus**

**(CBCS Pattern – To be implemented from 2020-2021)**

### Structure according to CBCS pattern

#### SYBA (Semester III and IV)

Semester	Core Courses	Ability Enhancement Compulsory Courses	Skill Enhancement Courses	Discipline Specific Elective Courses	Generic Elective	Credit
	CC	AEC	SEC	DSE	GE	
III	Compulsory English (3)	Environment Science (2)	SEC-1A (3)	DSE-1A (3)		24
	MIL 2 (2)		SEC-2A (2) Value/skill based course	DSE-2A (3)		
	CC-1C (3)					
	CC-2C (3)					
IV	Compulsory English (3)	Environment Science (2)	SEC-1B (3)	DSE-1B (3)		24
	MIL 2 (2)		SEC-2B (2) Value/skill based course	DSE-2B (3)		
	CC-1D (3)					
	CC-2D (3)					
						48

Semester-3	Semester-4
DSE-1A: Psychology of Abnormal Behaviour-1	DSE-1B: Psychology of Abnormal Behaviour-2
DSE-2A : Developmental Psychology	DSE-2B: Theories of Personality
CC/SEC- 1A: Health Psychology	CC/SEC- 1B: Positive Psychology
SEC-2A: Health Promotion Life Skills	SEC-2B: Basic Counselling Skills

**Unit-III: Chronic Health Problems and Its Management (11)**

- 1- Personal Issues in Chronic Health Disorders - The Physical Self, Achieving Self, Social Self & Private Self
- 2- Emotional Responses to Chronic Health Disorders – Denial, Anxiety & Depression
- 3- Major Chronic Health Problems- Heart Disease, Hypertension, Stroke, Cancer, Type II Diabetes & AIDS
- 4- Application: Psychological Interventions for Chronic Health Disorders (Pharmacological Interventions, Individual Therapy, Social Support Interventions and Relaxation, Stress Management after COVID-19)

**Unit-IV: Primary Prevention & Health Promotion (11)**

- 1- Quality of life and Health Behaviour - Changing Health Habits & Health Beliefs (Attitude change & Placebo Effect)
- 2- Health Compromising Behaviours (Characteristics) - Obesity, Smoking & Drinking.
- 3- Developmental, Gender, and Sociocultural Factors in Health - Development and Health, Gender and Health, Sociocultural Factors and Health
- 4- Health Promoting Behaviours - Diet, Exercise, Sleep, Rest, Vaccination and Screening, Accident prevention

**Source Books**

- Ogden, J. (2017). Health psychology: A textbook (4th ed.). McGraw Hill Education.
- Sarafino, Edward P and Smith, Timothy W (2012). Health Psychology - Bio psychosocial Interaction (7th ed). Wiley India Edition.
- Taylor, Shelley E. (2018). Health Psychology (10th ed). McGraw Hill Higher Education. Indian Edition
- Weiten, W. and Lloyd, M. (2007). Psychology applied to modern life: Adjustment in the 21st century, Indian Edition 8th. Thomson

  
Principal  
S.S.G.M. College  
Kopergaon



सावित्रीबाई फुले पुणे विद्यापीठ  
(पूर्वीचे पुणे विद्यापीठ)

शैक्षणिक विभाग

गणेशखिंड, पुणे-४११ ००७

दूरध्वनी क्र. : ०२०-२५६०१२५७/५८/५९

ई-मेल : boards@pun.unipune.ac.in

संकेतस्थळ : www.unipune.ac.in

संदर्भ क्र. : सी.सी. फुल / १०७

**Savitribai Phule Pune University**  
(Formerly University of Pune)

Academic Section

Gaushkhind, Pune - 411 007

Phone : 020-25601257/58/59

E-mail : boards@pun.unipune.ac.in

Website : [www.unipune.ac.in](http://www.unipune.ac.in)

दिनांक : १२ / ०२ / २०२०

परिपत्रक क्र. ३१ / २०२०

विषय:- शैक्षणिक वर्ष २०२०-२०२१ पासून Introduction to Constitution हा 2 Credits (Add-on Audit Course) चा अभ्यासक्रम सर्व विद्याशाखांच्या पदव्युत्तर पदवी अभ्यासक्रमासाठी अनिवार्य करण्यास मान्यता देणेबाबत.

विद्यापीठ अधिकार मंडळाने घेतलेल्या निर्णयानुसार कळविण्यात येते की, शैक्षणिक वर्ष २०२०-२०२१ पासून Introduction to Constitution हा 2 Credits (Add-on Audit Course) चा अभ्यासक्रम सर्व विद्याशाखांच्या पदव्युत्तर पदवी अभ्यासक्रमासाठी अनिवार्य करण्यास मान्यता देण्यात येत आहे.

सदर अभ्यासक्रम सावित्रीबाई फुले पुणे विद्यापीठान्या [www.unipune.ac.in](http://www.unipune.ac.in) या संकेतस्थळावर Syllabi या शीर्षकाखाली उपलब्ध करण्यात आला आहे, यानी सर्व संबंधितांनी नोंद घ्यावी.

मा. प्राचार्य, सर्व संलग्न महाविद्यालये आणि मा. संचालक, सर्व मान्यताप्राप्त संस्था यांना विनंती की, सदर परिपत्रकाचा आशय सर्व संबंधितांच्या निदर्शनास आणून दयावा.

अकादमिक विभाग  
(शैक्षणिक विभाग)

Principal  
S.S.G.M. College  
Kopergaon

प्रत माहितीसाठी व पुढील योग्य त्या कार्यवाहीसाठी:-

१. मा. अभिज्ञाता, सर्व विद्याशाखा
२. मा. प्राचार्य, सर्व संलग्न महाविद्यालये
३. मा. संचालक, सर्व मान्यताप्राप्त संस्था
४. मा. संचालक, परीक्षा व मूल्यमापन मंडळ, सावित्रीबाई फुले पुणे विद्यापीठ
५. मा. संचालक, स्पर्धा परीक्षा केंद्र
६. मा. संचालक, (आंतरराष्ट्रीय केंद्र)
७. मा. प्रमुख, विद्यापीठ उपकेंद्र :अहमदनगर, नाशिक.
८. उपकुलसचिव, परीक्षा (१,२)
९. सिस्टीम ऑनॅलिस्ट डेटा प्रोसेसिंग युनिट
१०. उपकुलसचिव, शैक्षणिक प्रवेश विभाग
११. उपकुलसचिव, नियोजन व विकास विभाग
१२. उपकुलसचिव, शैक्षणिक पात्रता विभाग
१३. उपकुलसचिव (सभा व दफ्तर विभाग)
१४. उपकुलसचिव (परीक्षा-एस.अॅण्ड टी.विभाग)
१५. सहाय्यक कुलसचिव (परीक्षा समन्वय विभाग)
१६. सहा. कुलसचिव (गोपनीय कक्ष)
१७. वरिष्ठ कायदा अधिकारी
१८. जनसंपर्क अधिकारी
१८. सहाय्यक कुलसचिव (संलग्नता कक्ष)
१९. सहाय्यक कुलसचिव (प्र-कुलगुरू कार्यालय)
२०. कक्षाधिकारी (बहिःस्थ विभाग)

विद्यापरिषद ठराव क्र. - ब ११ पीए/११/२०२० दि. २३ जानेवारी, २०२०

  
Principal  
S.S.G.M. College  
Kopergaon

## **UNIT 2: FUNDAMENTAL RIGHTS (10 Hours)**

- a) Right to equality
- b) Right to freedoms
- c) Right against exploitation
- d) Right to freedom of religion
- e) Cultural and educational rights
- f) Right to property
- g) Right to constitutional remedies

## **UNIT 3: DIRECTIVE PRINCIPLES OF STATE POLICY (10 Hours)**

- a) Equal Justice and free legal aid
- b) Right to work and provisions for just and humane conditions of work
- c) Provision for early childhood, Right to education and SC,ST, weaker section
- d) Uniform Civil Code
- e) Standard of Living, nutrition and public health
- f) Protection and improvement of environment
- g) Separation of Judiciary from executive
- h) Promotion of International peace and security

## **UNIT 4: FUNDAMENTAL DUTIES (5 Hours)**

- a) Duty to abide by the Constitution
- b) Duty to cherish and follow the noble ideals
- c) Duty to defend the country and render national service
- d) Duty to value and preserve the rich heritage of our composite culture
- e) Duty to develop scientific temper, humanism, the spirit of inquiry & reform
- f) Duty to safeguard public property and abjure violence
- g) Duty to strive towards excellence

### **Text/Reference Books:**

- a) D. D. Basu, Introduction to the Constitution of India, LexisNexis
- b) Granville Austin, The Constitution of India: Cornerstone of a Nation, Oxford University Press
- c) Subhash Kashyap, Our Constitution, National Book Trust
- d) M.P. Jain, Indian Constitutional Law, LexisNexis





# **Savitribai Phule Pune University**

**(Formerly University of Pune)**

**Three Year B.A. (Bachelor of Arts) Degree Program in Psychology  
(Faculty of Humanities)**

**F.Y.B.A. PSYCHOLOGY**

**Choice Based Credit System**

**Syllabus**

**To be implemented from Academic Year 2019-2020**

**F.Y.B.A. Psychology**  
**(w.e.f. 2019-2020)**  
**(Choice Based Credit System) 70:30-Pattern**  
**(70-Semester-End Exam & 30-Internal Evaluation)**

**Course DSC-PSY- 1A: Foundations of Psychology**

**Course objectives and learning outcomes:**

After the completion of this course students will be able to demonstrate the following competencies:

- a) Understand the basic psychological processes and their applications in day to day life.
- b) Develop the ability to evaluate cognitive processes, learning and memory of an individual.
- c) Understand the importance of motivation and emotion of the individual.
- d) Understand the personality and intelligence of the individuals by developing their psychological processes and abstract potentials.

**Unit 1: Psychology -Introduction: (12 lectures)**

- 1.1 Psychology : a Science, goals of psychology
- 1.2 The brief history & perspective of Psychology: (Structuralism, Functionalism, Gestalt, Psychoanalysis, Behaviorism)
- 1.3 Career Avenues in Psychology & Fields of Psychology: (Clinical, Industrial & Organizational, Educational, Social, Developmental, Health, Criminal & Forensic, Military, Sports, Neuropsychology, Environmental, Positive, Spiritual and Women & Child psychology.)
- 1.4 The Indian Psychology: Past and present
- 1.5 Application: Understanding Behaviour through Methods in Psychology

**Unit 2: Cognitive processes: (12 lectures)**

- 2.1 Sensation, Attention and Perception, nature of perception, laws of perceptual organization
- 2.2 Learning- Classical and Operant conditioning, observational learning
- 2.3 Memory-processes, information processing model(s)
- 2.4 Forgetting: Theories of forgetting
- 2.5 Application: Techniques for improving memory.

### Unit 3: Motivation and Emotion:

(12 lectures)

- 3.1 Motivation: Definition, Concept of Homeostasis & Maslow's Hierarchy of Motivation
- 3.2 Types of Motivation: Physiological, Psychological & Social
- 3.3 Motivational Conflicts: Intra-Conflicts & Inter-Conflicts
- 3.4 Emotion: Definitions, Nature & Importance, Basic Emotions (Joy, Excitement, Tenderness, Sadness, Anger, Fear & Love)
- 3.5 Application: Conflict Resolving Skills

### Unit 4: Personality and Intelligence:

(12 lectures)

- 4.1 Personality – Definitions, Nature
- 4.2 Personality as a set of traits: Cattell's, Allport's & Big Five Theory of Personality
- 4.3 Freud's Psychoanalytical Theory of Personality and Transactional Analysis
- 4.4 Intelligence: Definitions, Theories of Intelligence (Gardner's Theory, Cattell's Theory of Intelligence)
- 4.5 Applications: Testing and enhancing Emotional intelligence.

#### References:

1. Ciccarelli, S. K.; White J. N. Adapted by Girishwar Misra (2018). Psychology (5<sup>th</sup> Edition). Pearson.
2. Chadha, N.K. & Seth, S. (2014). The Psychological Realm: An Introduction. Pinnacle Learning, New Delhi.
3. Carole, W. and Carol, T. (2007). Psychology (7th Edition). Pearson Education, India.
4. Feldman S. R.(2009). Essentials of understanding psychology ( 7th Ed.) New Delhi : Tata Mc Graw Hill.

#### Books in Marathi Language:

1. बच्छाव, बडगुजर आणि शिंदे (२००१). सामान्य मानसशास्त्र. स्वयंभू प्रकाशन, नाशिक
2. मुंदडा आणि खलाने (२०१३). मानसशास्त्राची मूलतत्त्वे. अथर्व प्रकाशन, जळगांव
3. अभ्यंकर, ओक आणि गोलविलकर (२०१४). मानसशास्त्र: वर्तनाचे शास्त्र. पिअर्सन
4. देशपांडे चंद्रशेखर आणि सहकारी (२०१४). सूक्ष्म कौशल्ये: मानसशास्त्रीय समुपदेशन प्रक्रियेचा गाभा. उन्मेष प्रकाशन

**F.Y.B.A. Psychology**  
**(w.e.f. 2019-2020)**  
**(Choice Based Credit System) 70:30-Pattern**  
**(70-Semester-End Exam & 30-Internal Evaluation)**

**Course DSC-PSY- 1B : Introduction to Social Psychology**

**Course objectives and learning outcomes:**

After the completion of this course students will be able to demonstrate the following competencies:

- a) Understand the basics of social psychology.
- b) Understand the nature of self, concept of attitude and prejudice of the individual.
- c) Assess the interactional processes, love and aggression in our day today life. .
- c) Understand group dynamics and individual in the social world.

**Unit 1: Introduction:**

**(Total 12 Lectures)**

- 1.1 Definition, Brief history of social psychology (special emphasis on India),
- 1.2 Scope of social psychology
- 1.3 Levels of social behaviour
- 1.4 Approaches towards understanding social behaviour
- 1.5 Application: Community mental health

**Unit- 2. Individual Level Processes**

**(Total 12 Lectures)**

- 2.1 Difference between Social Cognition & Social Perception.
- 2.2 Self –Concept: Nature, Self-regulation and self-presentation.
- 2.3 Attitude: Definition, components, Dimensions and formation of attitude
- 2.4 Prejudice: Causes.
- 2.5 Application: Formation of attitude and Prejudice eradication

**Value added course for F.Y.B. Com. Under Choice Based Credit System  
w.e.f. academic year 2019-20**

Savitribai Phule Pune University has introduced Choice Based Credit System from the academic year 2019-20.

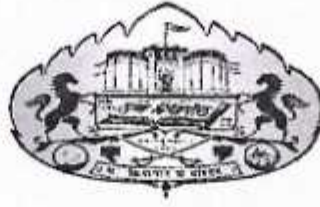
Students need to earn two credits during first and second semester through completion of two value added courses, i.e. one course for each semester.

**Guidelines for value added courses :**

1. One value added course each is to be conducted for semester – I and semester – II.
2. Completion of the course is compulsory.
3. Each course will be of 15 (Fifteen) hours and of 30 marks.
4. The course contents may be delivered by the teachers or experts from external agencies as per the requirement; **however, the evaluation must be carried out by the college.**
5. Colleges need to maintain proper records of the course, which consist of attendance of students, nature of assignments and the statement of marks.
6. The credits earned by the students need to be shown in the semester end mark sheet.
7. The evaluation of value added courses may be conducted by adopting any of the following method, suitable to the course:-
  - a. Written test (Objective or descriptive)
  - b. Practical examination
  - c. Laboratory work
  - d. Project
  - e. Presentations
8. **A list of five value added courses is given below; colleges need to choose any two courses; each for a semester.**

\*\*\*\*\*

  
**Principal**  
**S.S.G.M. College**  
**Kopergaon**



**Savitribai Phule Pune University, Pune**

**Faculty of Humanities**

**T.Y.B.A. in History**

**Choice Based Credit System Syllabus**

**To be implemented from the Academic Year 2021-2022**

  
**Principal**  
**S.S.G.M. College**  
**Kopergaon**

## Unit IV: Subaltern Movement.

12

- a) Peasant Movement.
- b) Workers Movement.
- c) Dalit Movement.
- d) Women's Movement.
- e) Tribal Movement.

### Reference Books:

#### English

1. Chandra Bipan, Mukherjee Mridula, Mukherjee Aditya, Panikkar K.N. and Mahajan Sucheta- India's struggle for Independence, Penguin Books(India), 1990.
2. Chandra Bipan, Essays on Contemporary India, Har- Anand publication, New Delhi, 1993.
3. Chandra Bipan - The Rise and Growth of Economic Nationalism in India People's Publishing House, New Delhi, 1966.
4. Desai A.R. - Social Background of Indian Nationalism, Popular Prakashan, Bombay, 1984.
5. Dodwell H.H. - Cambridge History of India Vol V, VI
6. Dutt R.C. - Economic History of India Vol 1,2, London, 1901 reprint Government of India press, Nashik, 1960.
7. Guha Ramchandra (ed.), Makers of Modern India, Penguin group, New Delhi, 2010.
8. Gopal S. - British policy in India 1858-1905, Cambridge University Press, 1965.
9. Mujumdar R. C., History of the freedom movement in India, Vol. I-III.
10. Mujumdar R.C. (ed.) The History and Culture of the Indian People Vol. I - IX British paramountcy and Indian Renaissance Vol IX.
11. Menon V.P. - The Transfer of power in India Princeton University Press, 1957.
12. Moon Vasant, Dr Babasaheb Ambedkar writing and speeches Government of Maharashtra, Bombay.
13. Sarkar Sumit, - Modern India :1885 - 1947, Macmillan India Ltd., Madras, 1986.
14. Sarkar Sumit - Bibliographical survey of social Reform movement in the 18th & 19th century (ICHR 1975).
15. Tara Chand - History of freedom Movement, Vol. I - IV publication Division, Ministry of Information and Broadcasting, Government of India, New Delhi, 1983.

#### संदर्भग्रंथ- मराठी:

- आंबेडकर बाबासाहेब, पाकिस्तान अर्थात भारताची फाळणी, (अनु. दीपक पंचभाई) प्रबुद्धभारत पुस्तकालय, नागपूर, २०१८.
- कदम मनोहर, भारतीय कामगार चळवळीचे जनक: नारायण मेघाजी लोखंडे, अक्षर प्रकाशन, २००२.
- केतकर कुमार, कथा स्वातंत्र्याची (महाराष्ट्र), पुणे, १९८५.
- गर्गे स. मा., भारतीय समाज विज्ञान कोश, खंड १ ते ४, मेहता पब्लिशिंग हाऊस, पुणे, २००७ .
- चपळगावकर नरेन्द्र, तीन न्यायमूर्ती आणि त्यांचा काळ, मौज प्रकाशन, मुंबई, २०१०.
- चंद्र बिपन, मुखर्जी, पण्णीकर, महाजन, इंडियाज स्ट्रगल फॉर इंडिपेंडेंस, (अनु.) काळे एम.व्ही. भारताचा स्वातंत्र्य संघर्ष, के. सागर पब्लिकेशन्स, पुणे, २००३.

## Course No. 3 – Gender Sensitivity

### Objectives of the course:

The course is designed to sensitize the students regarding the issues of gender and the gender inequalities prevalent in society. It aims at raising and developing social consciousness among the students. Students are expected to initiate the gender perspective in all the issues of their daily life. The course will develop capacity building among the students to enable them to engage in policy decisions to remove gender biases in all fields of life in the process of gender equality for nation building.

### Course Contents:

#### 1. Gender Inequality and its Impact on Men and Women

- a. Understanding the Notion of Citizenship
- b. Violation of Women's Rights as Citizens and Individuals
- c. Nature of Gender Inequalities
- d. Access to and Control over Resources and Positions of Power

#### 2. Understanding patriarchy

- a. Biological Sex and Socially Constructed Gender
- b. Femininity and Masculinity,
- c. Gender Stereotypes and their Impact; Breaking the Stereotypes
- d. Gender Equality as Liberation of Men as well as Women

#### 3. Contributing to Prevention of Sexual Harassment

- a. What is and is not Sexual Harassment
- b. Legal Provisions about prevention of Sexual Harassment
- c. Preconditions for Effective Working of Sexual Harassment Complaints Committees
- d. Role of men in prevention of sexual harassment at workplace
- e. Gender sensitive language, work culture and workplace

### Methods of Instruction

- Lecture
- Class discussion
- Role plays
- Guest speakers
- Written assignments
- Videos

### Certification :

The college needs to provide 'Course Completion Certificate' to every student who completes the course successfully. The certificate must contain the grade obtained by the student in the examination.

\*\*\*\*\*

  
Principal  
S.S.G.M. College  
Kopergaon